

**Hill of a Climb Time Trial  
October 9, 2010  
Buena Vista, Virginia**

Men Under Forty

	Time
1. Paul Low	21:29
2. Fred Mitchell	25:06
3. Jay Catlett	26:05

Women Under Forty

	Time
1. Deanne Mossman	35:34
2. Laura Henry Stone	37:32
3. Helen McDermott	47:02

Men Over Forty

	Time
1. Rod Gallagher	26:37
2. David Rosher	27:05
3. Larry Mcneil	31:08

Women over Forty

	Time
1. Carol Waters	31:55
2. Tasha Walsh	56:09
3. Brenda Kirby	62:07